

HEALTH & SAFETY PRECAUTIONS

The Wheeling Park District is currently operating under Phase 4 guidelines of the Restore Illinois Plan (Region 10), allowing the district to offer limited programs and events, and open some of its facilities with additional operational guidelines. For the safety of all guests and staff, the District has instituted the following measures with the guidance of city, state and federal health authorities.

MASKS AND FACE COVERINGS



All guests over the age of 2 and staff are required to wear a mask or face covering in all indoor facilities including, but not limited to, visiting the Guest Service Desk, walking to and from a program or activity, entering and/or exiting a facility, waiting for a child or guest requiring assistance who is currently participating in a program or activity, and using the restrooms. All guests visiting a District facility are responsible for bringing their own mask and/or face covering.

Health & Fitness members may only remove their masks and/or face coverings while actively exercising or working out on a machine or piece of equipment inside the Health & Fitness Center, or when participating in a group exercise class. In these instances, guests must maintain at least a six foot distance from others.

SELF SCREENING



All guests and staff cannot participate in any program or activity if they have any of the following COVID-19 symptoms or if they have been exposed to COVID-19. If a house member is awaiting results, please stay home until results are confirmed negative.

COVID-19 SYMPTOMS

- Loss or decrease in the sense of taste or smell
- Fever - Temperature of 100.4 or higher, or chills
- Muscle, head or body aches
- Shortness of breath
- Cough and/or congestion
- Runny nose
- Fatigue
- Nausea, vomiting or diarrhea

COVID-19 EXPOSURE

- Living in the same household as a sick person with COVID-19
- Caring for a sick person with COVID-19
- Being within 6 feet of a sick person with COVID-19 for about 15 minutes
- Being in direct contact with secretions from a sick person with COVID-19

SOCIAL DISTANCING



All guests must maintain at least 6-feet physical separation between themselves and others around them, including other guests and staff.

HAND WASHING / SANITIZING



Facility patrons and staff are recommended to frequently wash their hands often with soap and clean water for 20 seconds or longer, especially after contact with public surfaces. If hand washing is not possible, it is recommended the use of alcohol-based hand sanitizers (with at least 60% alcohol).

GROUP SIZES & CAPACITY LIMITS



Current group gatherings are limited to 50 people. Please note that to ensure the safety of staff and participants, many district programs and activities have a lower class limit based on room size and type of activity.

CLEANING & COMMON AREAS



In addition to regular daily cleaning, all Wheeling Park District facilities are aggressively disinfected, including doorknobs, rails and high touch areas. Open facilities also provide restrooms for hand washing, as well as hand sanitizers. All lounges and other gathering areas are closed to the general public. Only registered participants in a program or activity and one additional caregiver are allowed inside indoor facilities.

ADDITIONAL GUIDELINES



Additional guidelines and restrictions may apply to specific facilities, programs and activities. The District will closely monitor the guidelines and recommendations set forth by federal, state and local public health organizations, and will continue to post **updates on the District's website, www.wheelingparkdistrict.com** to keep guests informed of any changes as quickly as possible. The District reserves the right to deny participation or entry to any participant or guest due to noncompliance or for exhibiting (or visually appearing) to have any of the mentioned symptoms.